

# Dancing with Words, Dancing with Wisdom (29)

## Sharon Riegie Maynard

Dr. Janet: Sharon is a mystic shawoman, not a shaman, a shawoman. She's written a couple of books, *Remembering Earth Mission: From the Ancient Ones: Keepers of Galactic Secrets*, and she's working on another book, *Heeding the Cries of Your Children: The Ancient Ones Give Warning*. That's another book she's working on.

She sponsored the first Women's Grassroots Congress. She generally works to encourage and empower women in their leadership.

I can see we have a lot we can talk about here today, Sharon. Welcome.

Sharon: Thank you, Janet. It's a pleasure and honor to be here and having a conversation with you, of course, is always delightful. I'm glad to be here.

Dr. Janet: I know you have a very strong sense of life purpose. When did that start? Do you have any stories around that — that sent you along the path that you're on now?

Sharon: Well, Janet, I have talked to lots of women; men too. I don't think any of us get to where we are without lots of stories.

My story began when I was maybe three or four. Of course, I was a young girl in a patriarchal system. After dinner, gathered at my grandmother's or grandfather's home, the men would go into what we would call the sitting room. They didn't smoke. It was a sitting room.

I would go in there and I would just be held by my father, and these men would talk about spiritual things and especially about a time when we would be at peace and the world would be amazing. I don't even remember the concepts, but I remember the feeling of just being in that place and hearing those words. I don't even know if I knew what they meant, but I knew what they felt like. That is a really powerful first memory for me.

Then I grew up, did the traditional patriarchal-system type things, had lots of children. My husband was the one who spoke to God, if you will, and told me what that meant.

Until myself, as a very curious person, said, "Well, maybe I can also get some information from God," and started to experiment with asking questions into the unseen to see what Christ would say to me about my role as a mother — which

was very, very valuable, because three years later, four years later, my husband was killed in a car accident. So, I was left as the major parent in these children's lives.

I remember one evening. I don't even know what the concern was. Of course, in that model, I'm praying and I'm talking to God, and I'm asking questions a little bit differently than I had been taught within the religious system. I just was overwhelmed with a feeling of love and grace and peace that I had never, never experienced before. I may have had a piece of it when I was very, very young with those men, but in that moment, I said, "I do not know what it will take to live in this space, but what I want to know is — what do I need to do?"

It was amazing. Of course, it didn't last, but nevertheless, my communication continued to ask questions about raising my kids in the best way I could.

I found myself in New York City with a woman who was doing crystal chakra balancing, which was like hands-on energy and working with crystals and the information from the chakras. I was doing an interview with her. When I walked, when I got home, she had shown me the process. In fact, she had me at the table working with her, very reluctantly. I saw the value of this moving unseen energy, having the ability to move it, to correct it, to balance it.

I had previously been introduced to affirmations. I'd seen their value in bringing my own personal preferences to the table. This unseen energy and moving it was new.

I said to my team, my spiritual team I had at the time — and that had been 20 years or so — I said, "I see the value of this unseen energy. I also see that people who are coming to me for these healings continue to cycle. They come back, something else gets triggered and something else gets triggered."

I'm told it's the onion layers, and we have to go through the onion layers. I want to go to the cause of humanity's suffering. I want to eliminate it at its cause." They said, "Okay, but we will have to teach you, because people are doing the onion layers, the symptoms, and they are not going to cause."

Of course, I'm in the place where I'm going like, "Anything I need to do to help people live in that place of peace and love and wonder, I want to know how to do that." That began my trek and that was in '89-'90. That led me to understanding that what I had been taught in the patriarchal system about the gender roles, men and women, male and female, was absolutely backwards.

Key to getting that corrected was to help women understand that they had a literal assigned vibration, an assigned purpose, and I wanted to help them step

into that. In order to do that, I had to learn where I wasn't in alignment to that purpose and where I diminished the female presence.

It required my own healing of my own concepts that I had been raised within, but left me with a very strong commitment to the women's role as leader and men's role as nurturer, because that, to me, is really critical to getting our world in balance in that shift we all want it to be. Those are the stories.

Dr. Janet: Okay. I'm taking notes for some of the words you're throwing out there, but I'm thinking there is history, his story, and then there is her story. They are not the same.

I too have struggled with the patriarchal system. I'm just thinking how for me it's been an extremely difficult struggle, because I have had to break free of his story and shift into her story or my story, which is very different from his story.

It's been a hard journey because I've been verbally abused. I've been slandered. I've had to choose, at many points in my life, whether to stand in my own integrity or to fall back into being a compliant female member of the patriarchal system. Do you have any comments about any of that, Sharon?

Sharon: Oh, yes. You understand when I asked that question, "Go to the cause of humanity's pain," they said, "It isn't being done that way on the planet. If you want to go to cause and make corrections that deeply, we will have to teach you."

The history is not about male story. It is not about male story. It is not about patriarchal story. It is about agenda story. I learned through this that it took them eight years to really teach me and for me to understand what they were talking about.

What they were saying is that the cause isn't what you are being told. Therefore, the problem isn't what you are being told. They took me to our existence way before Earth and said the cause exists in those experiences, way before Earth in mass consciousness, where parasitic-type agendas for harm were introduced.

It's like the introduction of a virus into your computer. Wherever there is a weakness, there we have a parasitic, we have a virus. We have then an agenda to dominate and use others' energy.

The weakness that was whispered into our greater biofield, our intelligent field just after home was a concept that you're not enough. You families that are on this new adventure, you're not enough. You've not done this before. You don't know what you're doing. So, let us help you. Let us help you.

In our naiveté, we open the door to this group of "outsiders" whose agendas were to dominate, use and control. It is another element, not of our divine family's plan. That's the virus that we call "patriarchy." It's not patriarchy. It's a parasitic, outsider, virus-induced agenda.

Here's the power of words. Had I asked my team, "Would you help me get to the cause of this client's pain?" that would have been a whole different door opening. They might have taken me to early childhood and into past lives and then to family genetics. That would have been enough of getting to the cause of this pain for this lifetime that that client would walk away and be fairly active in their life and their life unfolding quite well.

I didn't ask that. My word was, "I want to go to the cause of humanity's pain." That's the difference. It's like if you see in the world today, the call, we want to cure cancer. I don't want to cure cancer. I want to eliminate cancer. There's a difference in words. I don't want to understand this crazy culture that we see in political leadership. I don't want to understand and see a name. I want to eliminate the culture from which they grew.

Dr. Janet: How do you do that?

Sharon: You do that by having a way to get outside of the words of our "history," the constructs of our religious history, our financial history, our political history, our Earth's history, to get outside of that cloud, that box, and find that clear space, clear intelligence of integrity that says, "I will show you how we can do that." That's been my mission for 30 years.

The cause happened way before Earth. Those causes, I can tell you, have been corrected on an immense scale that is making a difference on this planet. That's a whole other interview. But what's important, I think, is that we on this planet, individually and as humanity, we've been told that humanity is the cancer on the planet. I'm telling you that's BS. It's not true. We live in lies. Humanity is not the cancer.

The program, if you will, the outsider-inserted concepts to destroy, to diminish, to use. That outsider agenda is the cancer. The whole purpose of the male/female gender assignments is to give space for that energy to be identified as contrary, parasitic, and to be commanded back to its home of origin. That's how you get to cause, and that's how you change the culture.

Dr. Janet: I think of it a little differently. If you think of concepts or ideas or rules or teachings or whatever name you want to give to it as a kind of structure with walls and perhaps a roof, it's a shelter in some respects. It feels safe there when

you're part of that system, that conceptual system, whatever it is, but are they walls of support or are those concepts and words a prison?

In one sense, they can be a supportive structure, or they can be guide tools that we can use to learn and grow. But on the other hand, this very same structure can also sometimes be a prison. Would you like to speak to that at all?

Sharon: Yeah, I would. Out there, in many different ways, patriarchy and racism are being tied together with the word let's "dismantle" patriarchy, let's "dismantle" racism. Of course, I want to eliminate that.

But as a white woman, I grew up in an area where we had two Asian young men in our school. We had no African Americans at all in my grade. When I went back and listened to a lecture many years later, there's a young man who's grown up in a high school about 20 miles north of me, and he talked about growing up in this high school as a black man. I came up afterwards to talk with him and asked him a few questions. He said to me, "But you ought to know what discrimination feels like. You are a woman in this very patriarchal society."

It didn't make sense to me, and it still doesn't, because that patriarchal society, the walls, the structures, the constructs served me. I was taken care of. I didn't have to think. I just had to do what they told me to do, and I was praised. I didn't feel discriminated against.

Was I discriminated against? Yes, but I didn't feel that way at the time. So, I cannot relate to discrimination toward those who have a different color skin, because although I was a woman in a patriarchal system, that system discriminated against me but in different ways, and it served me. It gave me a place to feel valued.

Then when I found myself needing to stretch, that's when I felt the wall, and that's when I felt the "You can do it, but you can't." That's where it took my own sense of — I don't think it was courage. I just think I'm very curious and I'm just going to push into places where others are saying, "You go that way, and the Devil is going to get you. You go outside those walls or you go outside those fences, you're going to be a lost soul," which I found was not true, because concepts, words, if you will, they create the boxes we live within, and we live within them until we feel constricted by them.

Then we have the option as a human being to break out of those boxes. It's usually words that take us outside the box, an affirmation, for example. The boxes serve us until they don't. For some, that box of patriarchy or racism felt very constricting, very harmful at a very early age. I recognize that for some. At a very early age, that box was not comfortable and didn't feel supportive to some.

The power of words, they carry an authority that we just have not been taught what it's all about down here. That's my first book, *Remembering Earth Mission: From the Ancient Ones* who held and hold those secrets. We live in a lot of constructs here. Words, words, words, ideas, ideas, ideas, handed down, handed down, super, super-tainted with the agenda of control, domination and usury. We live in a very toxic culture. That agenda is the cancer that is killing our Earth, and it is killing our humanity.

Dr. Janet: It's interesting because I've had so many experiences where at one point the words and the societal structure did feel very supportive toward me. For example, when I was growing up, I had wonderful parents. They were both teachers. Our entire family, aunts, uncles, cousins, all lived in the same geographic area. We would come together all the time. There was no acrimony. There was no fighting or very little anyway. We had a good time together and we respected one another and we loved one another. We would sing songs together. We would play games together. As a child, I felt very supported by that structure.

However, when I got married, suddenly it was not there to support me. It was to some extent, but not at the point that the father of my children, who had made marital vows to me, decided to have an affair with another woman. Suddenly, I experienced a huge betrayal of trust, which then also brought with it a mistrust of the whole system.

When I married, I did what I was told to do, which was take my husband's surname. I didn't think twice about it. But when we got divorced, I didn't want to keep his surname, because it did not represent the values that I was beginning to realize that I held.

All the courts would allow me to do was go back to my maiden name, which of course was my father's surname. I went through such a huge identity crisis at that point in my life. I was Janet, and I really liked the name Janet. It means "wonderful gift of God." But who was I other than who I was in relationship to somebody else? It felt as if I was either owned by my father or owned by my husband. I was not seen as a separate individual, separate and apart from those male relationships, and yet my trust in those relationships had been betrayed by a husband I once dearly loved.

I was then also in a position where, after being home and taking care of home and family and children for 21 years, I had to go back into the job market and somehow survive financially. Yes, talk about feeling disempowered! That's been a huge part of my own path, and then having to survive, find ways of supporting myself and my children, and then thriving and stepping into my own power —

which to me is a very present moment space where I can *use* words and concepts.

You're talking about shifting energy. I shift energy through my use of words, because words have energy. We can use them either to support one another and explore and come up with solutions, or, as unfortunately is happening entirely too much in the United States right now, we can use them to bash other people, verbally abuse other people, and steal their energy, so that we can feel important. Comments?

Sharon: Oh, yes. You give a perfect example of what happens when the box that they are in, like the box you grew up in was a wonderful box, but it wasn't large enough to contain the situations that you ran into. You found that other people's boxes of harm to women and discounting of women came into play. It all culminated in giving you a crisis of identity.

That's really what happens in some languages. Some people say, "I lose faith." When you realize that the box or the constructs that you have based life on isn't working for you anymore, it's only because you're seeing that that particular box has its limits also, as all boxes do.

As a female, I'm going to get a little bit into why this particular assignment is such a passion for me. I grew up in a patriarchal system. I devalued my friends who were girls. I had lots of girlfriends, but I still devalued them. When I look back on my life, I saw my father in big scale and my mother hardly at all. I put greater emphasis on the male as a voice and authority. It was a subtle, subtle teaching. I didn't know at the time.

When I was learning from my spiritual teachers, I had to come up with questions, and questions came in relationship to what my clients were dealing with and I was dealing with. I had lots of questions I needed answers to, one by one by one.

I recognize that forms come from words. Sometimes they come from whole words or sentences, but that's how we create down here on the planet. The things that were in form, whether they were a city or an organization or a family, their basic concept of beginning came from an idea or an assignment and an assigned vibration because words have energy and so it becomes a vibration.

I could say, my client that's here with me, what is their assigned vibration? What's their core essence vibration for this lifetime? In other words, what was their soul's purpose? Instead of getting it as a word, I'd get it as a color. What's their assigned vibration?

Does a city have assigned vibration? Yes, cities have assigned vibration. Do organizations? Yes. I was exploring — just being curious.

Then I thought, well, I wonder about the male and female gender. Is it possible that we come into either a male body or a female body because of the assignment of that gender? Which, of course, I thought was ridiculous, but it was a question.

I said to my teachers, "Is there an assigned vibration or an overall purpose for a female, whoever comes into a female body?" They said yes. Now, that's not a personal purpose. It is a gender assignment. That's different. The words are so important.

Dr. Janet: Talk about gender assignment.

Sharon: I will. They said that there certainly is, and I went, "Whoa, that's surprising." So, I said, "What is then the gender assignment for females in a female body?" and they said, "It is clarity of leadership." I went, "What?" I said, "Well, then is there an assigned vibration for a male gender?" and they said, "Yes, it is unconditional nurturing. It's heart." I went, "What?"

I played with it a bit. I applied it. I used it. I learned more about it. I didn't learn about this overnight, but they explained to me the cause and the impact of this cloud agenda domination and impact it had had on our soul families, because we are soul families, and how it was literally killing us.

A parasite will kill its host. It just, by its nature, will suck the life away. In order to have that energy identified and removed back to its home of origin, I can't emphasize enough. It is a separate energy flow that is not of our divine family. We think everything, our family is love and harmony and beauty. It is.

But there is another family stream who had chosen domination and usury, and that exists among us and we don't recognize it. It was the female's purpose to be sensitive to energy, and we make fun of women, because women are emotional. No, they are sensitive to energy and they have lost the awareness that that is a gift.

Why are they intended to be sensitive to energy? So they could pick up, like a dog picks up senses, the vibrational feeling from a parasitic energy field that gives you a sense that something is off. Something is off. I don't know what's off. Or it might even get larger and the words come out that say, "Women aren't worth anything. It's okay to abuse women. They're only women. Women can't talk to God. We'll tell them what to do."



Women were to have the gift of sensitivity, and that's a solar plexus gift. It's our belly wisdom. We were to identify any energy at the first little offness. Something is off. I don't know what it is. But in your birth family, there was not off energy. It was wonderful. It was flowing. It was respectful, correct?

Dr. Janet: That is correct.

Sharon: The woman's gift is her sensitivity held in the solar plexus as a way to identify any energy that is going to be damaging, destroying, discounting and using of her energy or others that she cares about. Identify — that's her gift.

Her assignment however, is different. It goes hand in hand. But her assignment then was to be connected to the spiritual teams in the unseen world and say to them, "This energy, with authority, I speak, and this energy cannot remain amongst my family. Take it back to its home of origin." Her assignment was to remove all parasitic, outsider, dominating, diminishing energy, and have it literally removed back to where it came from. It was to clear the planet of that energy.

The male assignment was to stay connected with what we call the crown chakra, bringing in, flowing in that energy from the divine home, and sending it out through his heart. The heart was and is a huge foundation for the male's assignment, to fill space with unconditional love, with encouragement, with inspiration, and to use his heart as his tool to recognize where he was to bring his strength.

Dr. Janet: Okay, nice. You're talking about the woman's assignment, which, as I understand it, is stepping into a leadership role in terms of bringing clarity out of chaos. I'm just thinking of my own life path, where it seems I have been called on, over and over and over again, to make a leap of faith, step into taking a role that I have never been conditioned to take, step into my own strength and power, and do it in a way that does not harm others.

I'm talking about dancing with words. To me, there are certain forms of words that support a healthy planet, and there are certain forms of words that destroy a planet. Certainly, sometimes not speaking at all is really a good thing to do. Just be here now and listen to other people's words. See what you can learn from other people's words.

But there are also certain types of words that seem to me to be supportive without draining other people's energy -- stories, questions, poetry. Sometimes things like learning to ask the right questions that will get you the answers that you really need, using a lot of first-person singular language where you are truly owning your own perspective on life, and asking yourself questions like, "What

do I think?" not "What is society telling me to do?" Or not "What am I being conditioned to do?" but "What do I think about the situation? What do I feel? What do I need? What are my choices in this situation?" which puts me in a state of both freedom and huge responsibility, because I need to make my choices in each and every moment with a great deal of care.

Sharon: Yes, a woman's responsibility is to design space, to design space in such a way that it benefits all in her life and all in the web of life. That's where the leadership is, she designs space. A woman can begin to do that even just with her own home or her own workspace or her own use of time. Take back your life.

But let me ask you a question to think about. I'm playing on my own game board here. Here is this group of parasitic outsiders who understand and see what's going on, and they now discover that there is a Soul in their midst who has taken back and been assigned to take back authority, to identify and remove them.

Here is a group of invaders, if you will, and they now know that the Soul in a female body suit has the gift to identify them and the authority to remove them. What would be their reaction?

Dr. Janet: They're going to control harder and with more force.

Sharon: Yeah, they're going to target her. They're going to target women. They're going to target women. In that targeting, they're going to rape, they're going to destroy, they're going to hang and burn at stakes, they're going to drown, they're going to do anything they can do to damage women so that in that vulnerable state of damage, they now will be vulnerable to be taken over by a parasitic. Parasites go where there is vulnerability. Now you have the why behind the attacks on women throughout our entire written history.

Dr. Janet: Which fits in very much with my own life story, where as a teenager — even though I was at the top of my class, I was very bright, I was in a lot of extracurricular activities — had all those qualities been in a male, they would have been applauded and adulated. But for me, in the societal structure within which I grew up, it felt as if they were actually a detriment. I used to dumb myself down because I was told I had to get married and had to rear a family. That was my role in life.

We have just a little time left, Sharon. Do you want to talk about your websites? If people want to go deeper into what you're saying or want to have a healing session with you, where can they find you?

Sharon: Well, they can find me under my name. That would be the easiest. It's [sharonriegiemaynard.com](http://sharonriegiemaynard.com).

I just wanted to bring this to conclusion. When you understand what the parasites, the outsiders, have done to women, you can see why women have had anger come up as a beginning of their awareness that something is wrong. It used to be that women were told to stay angry, because if they didn't stay angry, what they would do was become doormats.

But now, that's no longer true. Women can become angry, recognize that there's something wrong, and move to clarity, because there are tools, there are techniques, there are individuals, there are processes, to move to their own personal clarity; and then from that clarity to take back the authority to design their life and their home and their family and contribute to the world in the way they want to contribute.

A lot more information that I've amassed over my career can be found through that window of my website, [sharonriegiemaynard.com](http://sharonriegiemaynard.com). I do sessions and classes online and lots of things, like we all do. I appreciate the time you've given me, Janet.

Dr. Janet: Well, as always, it's been a delight to chat with you, Sharon. There are so many things we did not touch on. For example, these teachers of yours is what immediately comes to mind. What can you say about them? But we won't have time for that today, unfortunately.

Women's job, it seems to me, is to stand in their own strength and their own power in each and every moment. You do the best you can. You work toward excellence, not perfection. You look at the resources you have. Then you figure out what your next step is. You do whatever you want as long as you aren't hurting or harming yourself or another living being.